

## STEPS

# Beanbag Skittles

	Easier	Harder
<b>S</b>	» Reduce the size of the playing area	» Use a larger playing area » Have a wider space between the skittles
<b>T</b>	» Teams to knock down closest row of skittles	» Players must use non-dominant hand when throwing
<b>E</b>	» Use large balls » Use larger skittles » Allow unlimited number of beanbags	» Use smaller skittles » Allocated number of beanbags per player/team
<b>P</b>	» Increase the number of people on each team	» Reduce the number of people on each team
<b>S</b>	» Stop activity after specified time limit and count how many skittles each team has knocked over	» Introduce time limit for knocking down all skittles

### Impairment specific considerations:

#### Blind and partially sighted:

- » Use hi-visibility skittles

#### Deaf and hard of hearing:

- » Use flag/bib to signal start/finish of the activity

#### Physical Disability:

- » Ensure any players requiring ramp/chute have suitable supply of balls to throw

#### Learning Disability:

- » Consider allocating teams closest row of skittles

**Tip:** Ask kids to paint/colour used plastic drinks bottles to use as targets